



Effectiveness Training Counseling Psycoreligius on the Board of Contact Agency Assembly Taklim East Java in Effort Prevention and Management Drugs

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ARTICLE INFO	ABSTRACT
<p>Published Online: 15 March 2025</p> <p>Corresponding Author: Siti Nur Asiyah</p>	<p>Drug abuse is a condition that can threaten the continuity of life and disturb peace. On the side of the other hand, reality shows inhabitant Muslims in Indonesia as a whole are directly or have No direct involvement in the distribution and misuse of drugs in Indonesia. Actions and activities of abuse of drugs These are conditions that can threaten the continuity lively and disturb the peace public even countries. This study aims to know the effectiveness of training about psycho-religious counseling in the management of the Contact Agency Assembly Taklim East Java in the effort to prevent and control drugs. Study This use approach with type study pre-experimental against 14 administrators with one group pretest and posttest design. Research results show, there is a difference in participants' knowledge before and after training with sig. 0.002 for material drugs and 0.008 (<0.05) for material counseling psycho-religious. So, it can be said that training in psycho-religious counseling is effective in increasing knowledge about effort prevention and control of drugs among Contact Agency Assembly Taklim administrators.</p>
<p>KEYWORDS: Drugs, counseling, psycho-religious</p>	

INTRODUCTION

It's rampant abuse of drugs in Indonesia is already very worrying. The more days No the more reduced but still just arrest users and sellers, as well as revealed distribution and smuggling of drugs. This *updated data* can be seen every day on the Narcotics Agency portal National¹. Is known from Narcotics Agency National that enhancement user drugs increased by 0.15% from 2019 until 2022². This matter happens because drugs can obtained easily, even formulated alone, and are difficult to detect. Factory drugs in a way it's illegal to find in Indonesia. The victim is already widespread to all layer public from the student, from the student, artists, housewives, traders, drivers public transportation, children, workers, and others³. Condition this aggravated with the entry of Bookie Drugs International in a number of years finally became proof that Indonesia is moderate in condition emergency drugs. In the frame to prevent and overcome the circulation of drugs in Indonesia, Narcotics Agency National makes an effort with three stages that are first, Preventive, ie precautions taken in a way early. Second, preventive which is the nature of effort strategic and constitutes a planned action period medium and term long, as urgent action For quick held.

Third, Repressive, is the effort nature of countermeasures action enforcement law starting from being carried out by intelligence⁴.

On the side of the other hand, reality shows inhabitant Muslims in Indonesia as a whole are directly or have No direct involvement in the distribution and misuse of drugs in Indonesia. This matter caused amount Indonesia's Muslim majority to be dominant. Actions and activities of abuse of drugs these are conditions that can threaten the continuity lively and disturb the peace public even countries. From an Islamic perspective, conditions that can give rise to damage humans in the end benefit people⁵. Allah SWT ordered his servants No do facial damage to the earth, as His words: "And if said to them, Don't do it facial damage earth". They answered, 'Indeed we are the ones who convened it improvement',' (Al-Baqarah verse 11).

Damage among them impacts drugs in a way medical that bothers the signal sender's inner nerves (Neuro-Transmitter system). Arrangement nerve center (brain) that can function cognitively (natural mind and memory), function affective (natural feelings /mood), and psychomotor (behavior).

Besides that, Hawari (1999) in his research, that abuse of drugs gives rise to impact among other things, damage to connection kinship, lowered ability learning, and disability To distinguish between good and bad, change behavior becomes anti-social, degenerate productivity work, distraction health, enhancing accident traffic, crime and crime violence others⁶⁾. Impact the appear bad and necessary handled. Therefore They need efforts to prevent and control drugs by giving religious counseling to overcome and improve the errors deed abusing drugs to achieve direction and purpose in life. Mud Indradinul Mufidah says that the purpose and function of religious counseling is To disclose the ability spiritual and mental basis and deep religious personal someone, try to embed attitude and orientation to connection in four directions that is with His God, with its people, with natural surrounding and with himself to enlighten yourself life inner.

Besides religious counseling, researchers see the necessity of approach psychology in handling case drugs. This matter caused because impact problem Drugs also occur in 3 areas of psychology. First, cognitive ie perception, and thought. Second, affection ie feelings and emotions, third conative or psychomotor ie behavior. Still, minimal use of combined counseling psychology and religion called psycho-religious in handling drugs, is of urgent importance, so researchers choose To use the technique of counseling psycho-religious. Besides that, if handling psychology only dependson *professional helpers*, ie psychologists and doctors, then many drug victims do not obtain help, remember very lot of things to do intervene good For prevention and control. Emmons, 2005 and Watts, 2007, approach psycho-religious This can done through activity religious and spiritual as a method For pushing expression of emotion, controlling emotion and comfort emotion including through prayer, meditation, and mindfulness, as well as acceptance and forgiveness⁷⁾!

Study Aims and Hypotheses

Based on the background behind the problem the research aims To know the effectiveness of training counseling psycho-religious on the management of the Contact Agency Assembly Taklim East Java in effort prevention and control drugs.

While the hypothesis of this research is that psychoreligious counseling training for East Java Contact Agency Assembly Taklim administrators is effective in efforts to prevent and control drugs. It is hoped that the psychoreligious counseling training will be able to increase the knowledge of East Java Contact Agency Assembly Taklim administrators about drugs and psychoreligious counseling, so that they are able to behave and take steps to participate in efforts to prevent and control drugs among members of the taklim assembly and their families.

METHOD

1. Research subject

This research uses quantitative methods, and type pre-experimental research, with one group pretest and post-test design. The sampling method was carried out in a way purposive against 14 East Java Contact Agency Assembly Taklim administrators.

Inclusion and Exclusion Criteria

Criteria specified inclusions in the study are 1) Participants are administrators active on Contact Agency Assembly Taklim East Java and 2) Willing to follow all over Suite study. Whereas criteria exclusion is East Java Contact Agency Assembly Taklim administrators who aren't active.

2. Procedure Study

East Java Contact Agency Assembly Taklim management who has fulfilled criteria inclusion, given test first, for know level knowledge they about drugs and counseling psycho-religious. Next, every subject study follows training for 2 (two) days, with material about drugs and counseling psycho-religious, as well as practice (simulation) counseling psycho-religious, respectively for 120 minutes. At the end session, all subjects were given post-tests test For now changed their knowledge about counseling psycho-religious in an effort to prevent and control drugs.

Design Study

Design study can depicted as follows:

X1 _____ O1 _____ X2
X3 _____ O2 _____ X4

Information :

X1, X 3: Pre-test

X2, X4: Post-test

O1: Material Drugs

O2: Material Counseling Psycho-religious

3. Data analysis

The data has been collected, displayed in a way descriptive through the table, and analyzed using a sample t-test pair For now exists different knowledge before and after given intervention from training counseling psycho-religious on the management of the East Java Contact Agency Assembly Taklim. This research has received a certificate from the ethics committee of the Faculty of Dentistry, Airlangga University, Surabaya number 1014/HRECC.FODM/VIII/2023

RESULTS AND DISCUSSION

1. Result

After carrying out a pre-test and post-test on all subject research , before and after get material about drugs nor counseling psycho-religious , the results obtained were as shown in Table 1. After carrying out the Paired Sample T-Test on all data has been collected, the results obtained were as shown in Table 2.

From the table 2 is known that enhancement knowledge about drugs and counseling psycho-religious after training

with sig. 0.002 (< 0.05) on the material drugs and 0.008 (< 0.05) on the material counseling psycho-religious. Research result This shows that training counseling psycho-religious on the management of the East Java Contact Agency Assembly Taklim is effective in effort prevention and control of drugs.

DISCUSSION

Fact This is in accordance with the theory, that there are a number of factors affecting knowledge, namely: 1) Education 2) Mass media/sources of information 3) Social culture and economy 4) Environment 5) Experience, and 6) Age⁸⁾. This matter aligned with research that states that the knowledge of teenagers about the change in physical puberty is very influenced by culture and sources of information⁹⁾. It means that knowledge somebody about something is not only influenced by the level of formal education but also by multi-factorial. In the era of globalization, with the development of technology and the use of social media, knowledge become easier to obtain in society. Likewise, knowledge about drugs, must obtained through training or formal education. Society can access knowledge from the internet or from sources other.

The level of education is one of the influencing factors of knowledge. The more tall level of education somebody so the more easy somebody to receive and convey information to other people. This will also increase the initiative of somebody to look for information addition about something¹⁰⁾. Enhancement of knowledge about drugs and counseling psycho-religious on the subject study This was obtained after they got material about drugs and counseling psycho-religious in training.

According to Lawrence Green's theory, behavior is determined by three factors that is factor predisposition, factor drivers, and factor amplifier. Knowledge is one of the factors influencing the predisposition of somebody to behave¹¹⁾. Individuals who have to know the information are certainly inclined more capable of determining and making the right decision. Behavior arises Because exists good stimulus from in or from outside individuals. According to Benjamin Bloom, behavior divided become three domains, namely cognitive, affective, and psychomotor domains. 20 Cognitive domains are measured through knowledge, affective domains are measured through attitudes and psychomotor domains are measured through action. Formed behavior starts from the cognitive domain Where an individual knows moreover formerly to a stimulus to bring up knowledge new. Knowledge is an important domain For forming something behavior. In general underlying behavior knowledge will naturally last. Then arise response inner in form attitude from individual to object, which is called the affective domain. Attitude somebody very influences the creation of something behavior Good attitude is positive nor negative. Next is the psychomotor domain, namely objects

that have been known and aware fully will give rise to a response from action¹²⁾.

Enhancement knowledge subject research, after given training with material drugs and counseling psycho-religious, is capital for behave and behave in effort prevention and control drugs, in particular among members and family assembly taklim that becomes the building. Therapy religious (psycho-religious) towards patients abuse/addiction Drugs turns out to hold role important, okay from facet prevention (preventive), treatment (curative), therapy nor rehabilitation. Clinebell (1981) conveys the results of his research at *the 1st Pan Pacific Conference on Drugs and Alcohol in Canberra, Australia*. The title of his research is *The Role of Religion in the Prevention and Treatment of Addiction – the Growth and Counseling Perspectives*. The results of his research found that every self-human (although He is an atheist) exists and needs a spiritual basis (*basic spiritual needs*). This spiritual basis is needed for spirituality, religion, and divinity due to understanding *materialism* and *secularism* cause the need spiritual basis neglected and forgotten without realization. At the time somebody experiences life problems that result in experience stress Because No one finds a road out, then often He runs self to Drugs. Actually, one needs a baseman a feeling of protection and security (*security feeling*) which means a man needs a Protector that is God can provide a sense of tranquility and comfort in life and give instructions (*guidance*) in solving various life problems. In Lots matters often man forgets to plead taufiq guidance Lord in finishing the problem in his life, so Afraid to face reality, and therefore Then involved in abuse/dependence on Drugs^{13,17,18)}.

Therapy psycho-religious which is therapy uses efforts To get closer self with the Lord. This matter is The same case with therapy religious, religious, and psycho-religious, which means therapy uses religious *factors*, religious ritual activities like praying, supplicating, praying praise, lecturing religion, the study of scriptures, and so on. Only just more spiritual therapy general nature, not always with formal religion, is in question is spiritual therapy with confidence and trust in each patient. Hawari, et al. (2000) conducted do study against 2,400 patients of drug abuse/dependence with method integration of medical-psychiatric, social, and religious. Those who relapse (meaning treated repeat) as many as 293 (12.21%), figures This more lower than the figure obtained by Pattison (1980) is 43.9% without religious elements. Furthermore in the study Hawari the 293 drug abusers/dependents who relapsed earlier researched more deeply about his obedience in operating religious worship (religious commitment). Obtained results that those who obey operated worship (religious rituals: prayer, du'a, and dhikr) risk recurrence at 6.83%, those who only sometimes just operate worship risk recurrence at 21.5%; while those who don't operate worship The same very risk recurrence reached 71.67%^{14,19,20)}.

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Counseling with approach psycho-religious as an effort To prevent and control drugs This is very appropriate carried out by the East Java Contact Agency Assembly Taklim administrators who are in contact directly with pilgrims assembly taklim that becomes the building. This matters Because the duties and functions of the taklim assembly are done *amar ma'ruf nahyu ' anil Munkar* (inviting kindness and preventing evil) through learning religion. Research result also supports the results of Hefti's (2011) review of a number of results important on the impact of positive religious and spiritual on mental health more Healthy in a way physically, more capable do adjustment in a way psychologically as well and more levels low in behavioral problems. Religion and spirituality also help individuals To own homes as well as encouragement For experience growth self in a way positive^{15,21}). Meichenbaum is one expert therapist who confirms the importance of spirituality in the healing process including trauma cases. Deep spiritual collaboration counseling and psychotherapy become important thing. Because much research proves it role of inner spiritual beliefs and behavior in mental health and its effects on the psychotherapy process¹⁶). Application counseling with an approach psycho-religious as an effort to prevent and control drugs is also an effort to guard mental health and can impact health in a way intact, that is health physical, mental, social, and spiritual.

IMPLICATION

The findings in this research indicate that efforts to prevent and control drugs need to be accompanied by increasing knowledge about drugs. In addition, to be able to carry out efforts to prevent and control drugs through psychoreligious counseling, it is necessary to increase knowledge and skills regarding psychoreligious counseling. East Java Contact Agency Assembly Taklim administrators who have undergone psychoreligious counseling training are expected to be able to behave and act in an effort to prevent and control drugs among the taklim assembly congregation and their extended families.

LIMITATIONS AND FUTURE RESEARCH DIRECTION

The limitation of this research is that the number of research subjects was only 14 people, so it was not possible to carry out research with a true experimental design. Therefore, for future research, it is hoped that a larger sample can be taken, so that randomization can be carried out, and use a true experimental research design.

CONCLUSIONS

Research results This shows that training counseling psycho-religious on the management of the East Java Contact Agency Assembly Taklim is effective in effort prevention and control of drugs. The results study, got it recommended that effort prevention and control of drugs can done in various

ways, methods, and approaches, one of them is through counseling psycho-religious. That is, a religious figure who is also a figure public can utilize this approach This contributes to the effort government to prevent and control drugs.

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AUTHOR CONTRIBUTION STATEMENT

SNA as chairman team researcher, coordinating all over Suite activity research, as well help in design research and discussion. SB plays a role in compiling design research, instrument development, and studies theory, as well as discussion. II plays a role in statistical data analysis and grammar.

DISCLOSURE

The authors have no conflicts of interest to disclose.

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Table 1: Pre-Test and Post-Test Results

No	Subject	Before Drugs material	After Drugs material	Before Counseling material	After Counseling material
1	S1	80	80	70	70
2	S2	60	70	50	90
3	S3	70	90	70	80
4	S4	60	80	70	70
5	S5	70	100	60	80
6	S6	80	80	60	80
7	S7	60	70	60	70
8	S8	60	60	70	70
9	S9	80	80	80	90
10	S10	70	70	50	80
11	S11	60	90	60	60
12	S12	60	90	50	70
13	S13	60	70	90	90
14	S14	40	60	60	80

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Table 2: Difference Test Results

Paired Samples T-Test									
			Statistics	df	p	Mean difference	SE difference		Effect Size
Pre-1	Post-1	Student's t	-3.99	13.0	0.002	-12.9	3.22	Cohen's d	-1.07
		Wilcoxon W	0.00 ^a		0.008	-20.0	3.22	Rank biserial correlation	-1.00
Pre-2	Post-2	Student's t	-3.80	13.0	0.002	-12.9	3.39	Cohen's d	-1.02
		Wilcoxon W	0.00 ^a		0.008	-20.0	3.39	Rank biserial correlation	-1.00
^a 5 pair(s) of values were tied									